

## Exploring Theory, Design, and Impact in Gamified Financial Education Apps: A Bibliometric Study

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### Abstract

This study provides a comprehensive bibliometric analysis of gamification in financial education applications, offering a systematic review of the existing academic literature. The analysis reveals a flourishing research domain with significant potential for enhancing user engagement and financial literacy. Key findings highlight the critical role of established theoretical frameworks, particularly Self-Determination Theory and Flow Theory, in explaining the psychological mechanisms through which gamification operates. The bibliometric trends indicate a rapid growth in publications, with a notable acceleration in recent years, reflecting increased academic and practical interest. Geographically, Asia leads in research output, while influential journals span education, technology, and human behaviour disciplines. Despite the promising landscape, the field faces challenges related to methodological rigor, the long-term sustainability of engagement, and the significant effects of reward systems. This analysis provides a robust evidence base, offering crucial context and strategic directions for future inquiry, thereby strengthening the understanding of how gamification can optimize user engagement in financial education apps.

**Keywords:** Gamification, Financial Education Apps, Financial Literacy, User Engagement, Gamification Elements, Bibliometric Analysis

## 1. Introduction

### 1.1 Financial Literacy in the Digital Age

Financial literacy has become an increasingly vital skill for individuals navigating the complexities of modern personal finance management and decision-making. In response to this growing need, mobile applications have emerged as accessible and convenient tools for financial education, offering users a pathway to improve their financial knowledge and capabilities. Despite their widespread availability and inherent potential, these digital platforms frequently encounter significant challenges in sustaining user engagement and fostering long-term retention. This persistent issue points to a fundamental "engagement gap" in digital financial education. Merely providing information or tools is often insufficient; the design and delivery of these resources are paramount to their effectiveness. The challenge lies in transforming what is often perceived as a daunting or mundane subject into an interactive and motivating experience. This gap highlights a critical area where innovative approaches are needed to ensure that financial education apps not only deliver content but also compel users to interact consistently and deeply with the material.

### 1.2 Gamification as a Promising Solution

In light of the engagement challenges faced by traditional financial education methods and digital applications, gamification has emerged as a particularly promising strategy. Gamification involves the strategic integration of game mechanics and principles into non-gaming contexts, with the explicit aim of enhancing user motivation, participation, and ultimately, learning outcomes. This approach fundamentally transforms traditionally serious or mundane financial tasks—such as budgeting, saving, or investing—into interactive, motivating, and inherently

rewarding experiences. By leveraging psychological principles inherent in game design, gamification seeks to make financial learning more approachable and enjoyable, thereby addressing the core issue of user disengagement.

### **1.3 Purpose and Scope**

This report undertakes a comprehensive bibliometric analysis to systematically map the intellectual landscape of gamification within financial education applications. By reviewing and analyzing existing academic literature, this study aims to describe the field's structure, trace its evolution over time, and identify its key components. (Trinidad, Ruiz, & Calderón, 2021) The findings presented herein will provide a robust evidence base, offering critical theoretical underpinnings, empirical trends, and an identification of current research fronts and significant gaps that can be addressed by future studies. This analysis is designed to contextualize and strengthen proposed research, positioning it within the broader academic discourse and highlighting its potential contributions to this vital and evolving domain.

### **1.4 The Role of Gamification in Enhancing User Engagement in Financial Education Apps**

The central focus of this analysis, aligning directly with the research proposal, is the exploration of how gamification influences user engagement within financial education applications. This theme delves into the mechanisms through which integrating game mechanics can transform user interaction, foster motivation, and sustain interest in financial learning tools. The persistent perception of financial topics as "boring," "complex," or even "dreadfully boring" (Thomas, 2024) represents an underlying societal challenge: a widespread aversion to engaging with personal finance.

### **1.5 Bibliometric research method**

The substantial growth of Gamification in enhancing financial literacy has made it increasingly difficult for researchers to track knowledge evolution and synthesize findings through traditional review methods alone. Bibliometric analysis provides a systematic and quantitative alternative that enables objective evaluation of scholarly progress, research impact, and thematic development across a wide body of literature (Labib, 2024) Bibliometric research evaluates publications using measurable indicators such as citation structure, keyword co-occurrence, authorship networks, and source distribution. This method facilitates identification of influential studies, emerging research clusters, and intellectual linkages within the field. Unlike conventional narrative or structured reviews, bibliometrics is capable of analyzing large datasets without compromising analytical depth, thereby minimizing researcher bias and revealing hidden patterns that may not emerge through qualitative assessment alone. Furthermore, it supports visual mapping of scientific knowledge using network analysis techniques, helping researchers trace conceptual evolution, methodological transitions, and global contributions to the field.

## **2. Theoretical Foundations of Gamification in Financial Education**

### **Self-Determination Theory (SDT) and the Self-System Model of Motivational Development (SSMMD)**

Self-Determination Theory (SDT) stands as a cornerstone motivational theory, frequently cited in gamification research, positing that the fundamental psychological needs for autonomy, competence, and relatedness are crucial drivers of intrinsic motivation. The research proposal explicitly draws upon the Self-System Model of Motivational Development (SSMMD), which is deeply rooted in SDT, to explain how gamification fosters deeper engagement by satisfying these innate psychological needs.

Gamification elements are designed to directly address these needs.

- **Competence** is enhanced through features like progress bars, points, badges, and challenges, which provide users with immediate feedback and a tangible sense of accomplishment, reinforcing their feeling of effectiveness and mastery in financial tasks. For instance, successfully completing a budgeting challenge or earning a badge for consistent saving directly affirms a user's growing financial capability.

- **Autonomy** is supported through customizable learning paths, opportunities for decision-making within simulations, and rule-based saving features, such as those found in apps like Qapital. These elements increase users' sense of control and choice over their financial learning journey, allowing them to tailor the experience to their personal preferences and goals. Finally,
- **Relatedness** is fostered by social features like leaderboards, peer challenges, social sharing of achievements, and community discussions. These elements tap into the human need for connection, promoting a sense of belonging and shared learning experiences.

Despite its widespread citation, SDT is often applied superficially in gamification research, limiting its full potential to advance the field. (Gao, 2024) A more profound application of SDT could leverage several underexplored ideas:

First, SDT proposes a **continuum of motivation**, ranging from a motivation to intrinsic motivation, with various forms of extrinsic motivation in between. (Gao, 2024) This framework suggests that gamification designs can target different points along this continuum. For example, initial engagement might be driven by externally regulated behaviors through tangible rewards, but the design should then aim to gradually transition users towards more autonomous, self-regulated financial habits. (Gao, 2024) This implies that gamification should not solely rely on extrinsic rewards, which can sometimes undermine intrinsic motivation. (Dahlström, 2017) Instead, it should function as a scaffold, where initial external motivators draw users in, but the design then fosters intrinsic motivation by supporting competence and autonomy. The ultimate aim is sustained engagement even without constant external prompts, leading to a deeper, more enduring connection with financial learning. Second, the **mutually supportive nature of basic psychological needs** is often overlooked. SDT emphasizes that the satisfaction of competence, autonomy, and relatedness is interdependent; if these needs conflict, even a prioritized need may not be optimally satisfied. (Gao, 2024) For instance, overly challenging tasks, while intended to build competence, could undermine a learner's perception of their control, thereby negatively impacting their sense of autonomy. (Gao, 2024) This highlights the need for a "Goldilocks Zone" in gamified design, where elements are calibrated to be "just right"—providing challenges that are attainable (supporting competence), offering meaningful choices (supporting autonomy), and fostering a sense of community (supporting relatedness) simultaneously. A balanced approach across these needs is essential to avoid counterproductive outcomes and promote holistic psychological need satisfaction. Third, the **functional significance of an event** emphasizes that the impact of a gamified element is determined by the user's subjective interpretation, not solely the designer's intention. (Gao, 2024) A reward, for example, might be perceived as informational (supporting competence) by one user, while another might interpret it as controlling (undermining autonomy). (Gao, 2024) This variability in perception suggests that a "one-size-fits-all" gamification approach may be suboptimal. The effectiveness of gamification can be significantly moderated by individual preferences and existing app expertise. (Putri Taqwa Prasetyaningrum, 2024) Therefore, personalized gamification, where elements are tailored to individual characteristics, becomes critical for maximizing effectiveness. The research proposal, by focusing on the satisfaction of psychological needs, implicitly aims for this deeper, more individualized engagement, even if not explicitly detailing personalization strategies.

**Table 1: Summary of Psychological Needs (SDT) and their Relevance to Gamification**

Psychological Need	Definition (SDT/SSMMD)	How Gamification Elements Can Satisfy the Need	How Gamification Elements Can Thwart the Need
Competence	Feeling effective and capable; a sense of mastery and achievement.	Points, badges, progress bars, levels, challenges, quests, immediate feedback, virtual rewards for task completion.	Overly difficult tasks, lack of clear goals, insufficient feedback, constant failure, arbitrary rewards.

<b>Autonomy</b>	Feeling self-chosen and self-endorsed; a sense of control and choice.	Customizable learning paths, decision-making opportunities, rule-based saving (e.g., Qapital), choice of challenges/content.	Forced activities, rigid paths, excessive external control, rewards perceived as controlling, lack of meaningful choices.
<b>Relatedness</b>	Feeling connected to others; a sense of belonging and being cared for.	Leaderboards, peer challenges, social sharing features, community forums, collaborative goals, team-based activities.	Isolation, competitive environments that foster negative comparison, lack of social interaction features, feeling disconnected.

**Flow Theory**

Flow Theory, developed by Mihaly Csikszentmihalyi, describes a state of complete immersion and optimal experience where individuals are fully engaged in an activity, often losing their sense of time and self-consciousness. In educational contexts, fostering a state of flow has been shown to significantly enhance student engagement, motivation, and academic performance. (Duncan, 2024) Key dimensions for achieving flow include having clear goals, receiving immediate feedback, and maintaining a delicate balance between the level of challenge presented and the individual's personal skill level. (Tawfik, 2020) When the challenge is too low, boredom ensues; when it is too high, frustration arises. The optimal experience occurs when challenges are matched to developing skills, leading to deep concentration and enjoyment. Achieving flow in a financial education app represents the pinnacle of gamified engagement. When users enter a flow state, they become so deeply absorbed in the learning process that it feels effortless and intrinsically rewarding. This transcends mere task completion, leading to a truly transformative learning experience where financial concepts are assimilated naturally and enjoyably. The research proposal's emphasis on "immersive experiences" directly taps into this potential for fostering flow, aiming to create environments where users are not just learning, but are fully captivated by their financial journey.

**Other Relevant Models**

Beyond SDT and Flow Theory, other theoretical models contribute to the understanding of gamification in financial contexts. The **Octalysis Model**, developed by Yu-kai Chou, is a comprehensive framework that identifies eight core drives for human motivation, which are then applied as gamification levers. This model uniquely integrates concepts from both SDT (focusing on intrinsic motivation) and Behavioral Economics (addressing extrinsic motivation and cognitive biases like loss aversion and the possession effect). Additionally, the

**Technology Acceptance Model (TAM)** has been integrated with SDT in some studies to explore how gamification influences users' motivation and intention to adopt and continue using personal financial management (PFM) apps. (Paula Bitrián Arcas, 2021) These models collectively provide a robust theoretical lens through which to analyze the effectiveness and design of gamified financial education experiences.

**3. Gamification Elements and Their Application in Financial Education Apps**

The research categorizes gamification elements into three primary types: achievement and progression-based mechanics, social-oriented features, and immersion-oriented experiences. This classification aligns well with prevalent approaches in gamification literature, providing a structured way to analyze their application in financial education.

### 3.1 Categorization of Gamification Elements

#### Achievement and Progression-Based Mechanics

These elements are designed to provide users with clear visual indicators of their progress, success, and advancement, thereby fostering a powerful sense of accomplishment. Common examples include points, which quantify effort and success; badges, which serve as virtual trophies for reaching specific milestones or mastering skills; challenges and quests, which define clear goals and pathways for users to follow; and various forms of rewards and incentives, which offer tangible or virtual benefits for completing tasks. These mechanics are highly effective in motivating users by providing immediate feedback and recognizing their efforts and achievements throughout their financial learning journey. (Thomas, 2024) For instance, an app might award points for completing a budgeting module or a badge for consistently saving a certain amount each month.

#### Social-Oriented Features

Leveraging the inherent human need for relatedness and social interaction, these elements encourage competition, collaboration, and community among users. Key examples include leaderboards, which display rankings and foster friendly competition; peer challenges, where users can compete or collaborate with friends; and features for social sharing of achievements, allowing users to showcase their progress and inspire others. Social influence within these platforms can promote mentoring, shared learning, and a sense of belonging, making the financial learning experience less isolating and more engaging. (OECD, 2025)

#### Immersive Experiences

These elements aim to create a deeply engaging and absorbing learning environment, often achieved through realistic simulations and compelling narratives. This category includes virtual money management games, where users can handle virtual allowances and make financial decisions without real-world risks; investment simulators, allowing users to practice buying and selling assets; budgeting challenges that simulate unexpected expenses; debt repayment games; and entrepreneurship simulations. (Angie Nayeli Ruiz-Carhuamaca, 2024)

The emphasis on immersive experiences and simulations signifies a crucial shift from passive learning to experiential mastery. Traditional financial education often relies on theoretical, lecture-based approaches.<sup>1</sup> However, by allowing users to "make mistakes" and experiment in a "risk-free environment" (Thomas, 2024), gamified simulations are instrumental in building confidence and developing practical skills that are directly transferable to real-world financial decision-making. This approach directly addresses the common challenge of applying acquired knowledge, which is a significant limitation of traditional methods. (Ruiz Judy Julieth Ramirez, 2024)

Table 2: Key Gamification Elements and Their Application in Financial Education Apps

Gamification Element Category	Specific Mechanics/Features	Application in Financial Education Apps
Achievement and Progression-Based Mechanics	Points, Badges, Challenges, Quests, Rewards, Incentives, Progress Bars, Levels	Visual indicators of progress (e.g., Duolingo for Finance streaks, Mint's rewards), motivating task completion and skill mastery.
Social-Oriented Features	Leaderboards, Peer Challenges, Social Sharing, Community Discussions	Fostering competition and collaboration (e.g., Public's social investing, Duolingo for Finance leaderboards), promoting relatedness.

<b>Immersive Experiences</b>	Virtual Simulations, Role-Playing, Storytelling, Narrative-driven Challenges	Risk-free practice of financial decisions (e.g., Investment Simulators, Budgeting Challenges, Debt Repayment Games, Entrepreneurship Simulations), making learning experiential and relatable.
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**4. Bibliometric Landscape of Gamification in Financial Education**

The academic field of gamification research is characterized by rapid growth and evolving trends, particularly in its application to financial education.

**4.1 Publication Trends and Growth**

Gamification research has emerged as a fast-growing discipline, with a notable increase in scholarly output over the past decade. (Trinidad M. &, 2021) While studies on gamification in conjunction with school engagement were relatively limited between 2013 and 2015, a significant growth showed in 2016. This upward trend culminated in a remarkable surge from 2021 to 2023, with approximately 15 to 24 investigations published annually. (Judy Julieth Ramírez Ruiz, 2024) This pattern strongly indicates an intensified academic interest in developing and understanding the influence of gamified practices within educational and, by extension, financial contexts. This period of accelerated growth, particularly the substantial increase observed from 2021 to 2023, aligns closely with the global shift towards increased reliance on digital education platforms during and following the COVID-19 pandemic. The pandemic likely served as a catalyst, driving a surge in the adoption of online learning solutions, which in turn spurred extensive research into effective engagement strategies like gamification (as evidenced by keywords such as "COVID-19" appearing in relevant research clusters) (Azin Yazdi, 2024). This suggests a causal relationship where widespread societal changes propelled academic inquiry into digital learning, thereby significantly boosting research into gamification's role in these environments.

**4.2 Geographical Distribution of Research**

The geographical distribution of gamification research reveals distinct concentrations of scholarly activity. Asia, particularly South Asia, leads the global output, accounting for a representative 71% of all articles in this domain. (Judy Julieth Ramírez Ruiz, 2024) Key contributing countries include the United States (11 articles), China (8), Spain (8), Turkey (6), Greece (6), Taiwan (6), and Hong Kong (6), which collectively contribute 47% of the total articles. (Ruiz Judy Julieth Ramírez, 2024) The co-authorship analysis further highlights a considerable rise in the number of nations evaluating these research subjects, indicating increasing international cooperation. The United States, the United Kingdom, China, Spain, and Canada are noted for conducting the most collaborative research in this area. (Azin Yazdi, 2024) The dominance of Asia and specific countries like the US, China, and Spain suggests the presence of regional hotbeds of research, potentially driven by unique educational needs, technological infrastructure, or policy priorities within these areas. Simultaneously, the growing international cooperation underscores a global recognition of gamification's relevance and the imperative for diverse perspectives and collaborative efforts to advance the field. This implies that future research, including new proposals, could significantly benefit from cross-cultural comparisons or international collaborations to broaden the applicability and robustness of findings.

**Table 3: Geographical Distribution of Gamification Research (Top Countries/Continents)**

Country/Continent	Number of Articles	Percentage of Total (approx.)	Collaborative Research Noted	Longest Research
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	(approx.)			History
Asia (South Asia)	N/A (Continent)	71%	N/A	N/A
United States	11	~4.5%	Most collaborative	2015–2021
China	8	~3.3%	Most collaborative	N/A
Spain	8	~3.3%	Most collaborative	N/A
Turkey	6	~2.5%	N/A	N/A
Greece	6	~2.5%	Increased cooperation	N/A
Taiwan	6	~2.5%	N/A	2015–2021
Hong Kong	6	~2.5%	N/A	N/A
United Kingdom	4	~1.6%	Most collaborative	2015–2021
Malaysia	3	~1.2%	N/A	N/A
Germany	3	~1.2%	Increased cooperation	N/A

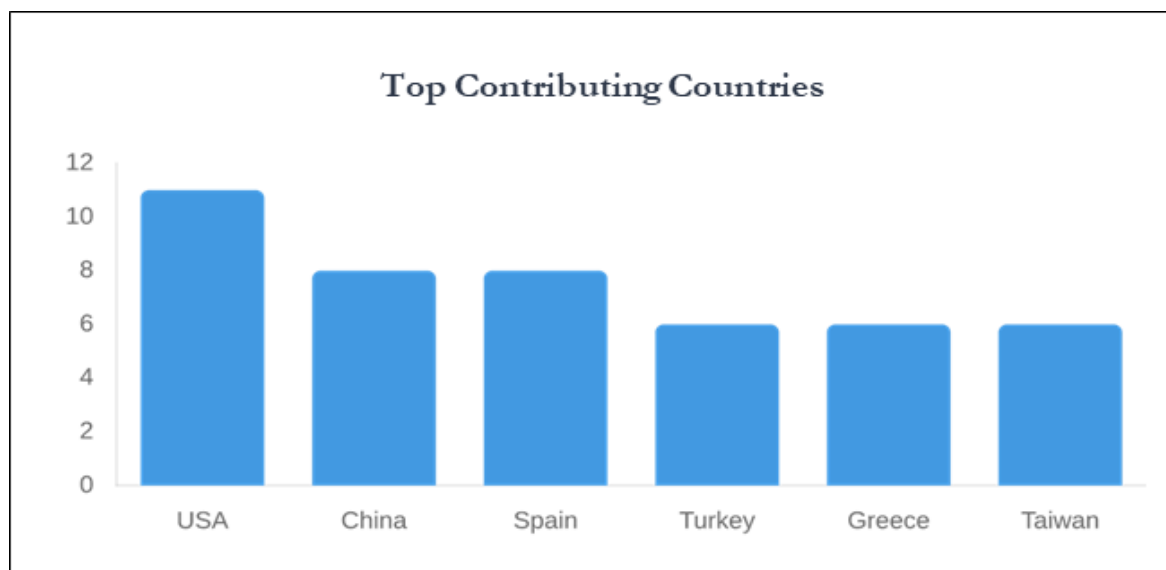


Figure 1

#### 4.3 Influential Journals and Publication Outlets

The leading journals and publication outlets in the field of gamification in online education reflect the

multidisciplinary nature of this research area, spanning computer science, education, and human behavior. *Computers and Education* stands out with 119 contributions, indicating its central role in shaping academic discourse. Other highly influential journals include the *International Journal of Emerging Technologies in Learning* (82 articles), *IEEE Access* (52 articles), the *British Journal of Educational Technology* (41 articles), and *Computers in Human Behavior* (35 articles). (Azin Yazdi, 2024) These outlets collectively demonstrate the diverse academic perspectives applied to understanding and advancing gamification in learning environments.

**Table 4: Influential Journals in Gamification Research (2000-2023)**

<b>Journal Title</b>	<b>Number of Contributions</b>
Computers and Education	119
International Journal of Emerging Technologies in Learning	82
IEEE Access	52
British Journal of Educational Technology	41
Computers in Human Behavior	35
Education and Information Technologies	33
Sustainability (Switzerland)	>15
IEEE Transactions on Learning Technologies	>15
Computer Applications in Engineering Education	>15
International Journal of Advanced Computer Science and Applications	>15
Interactive Learning Environments	>15
International Journal of Interactive Mobile Technologies	>15
Frontiers in Education	>15

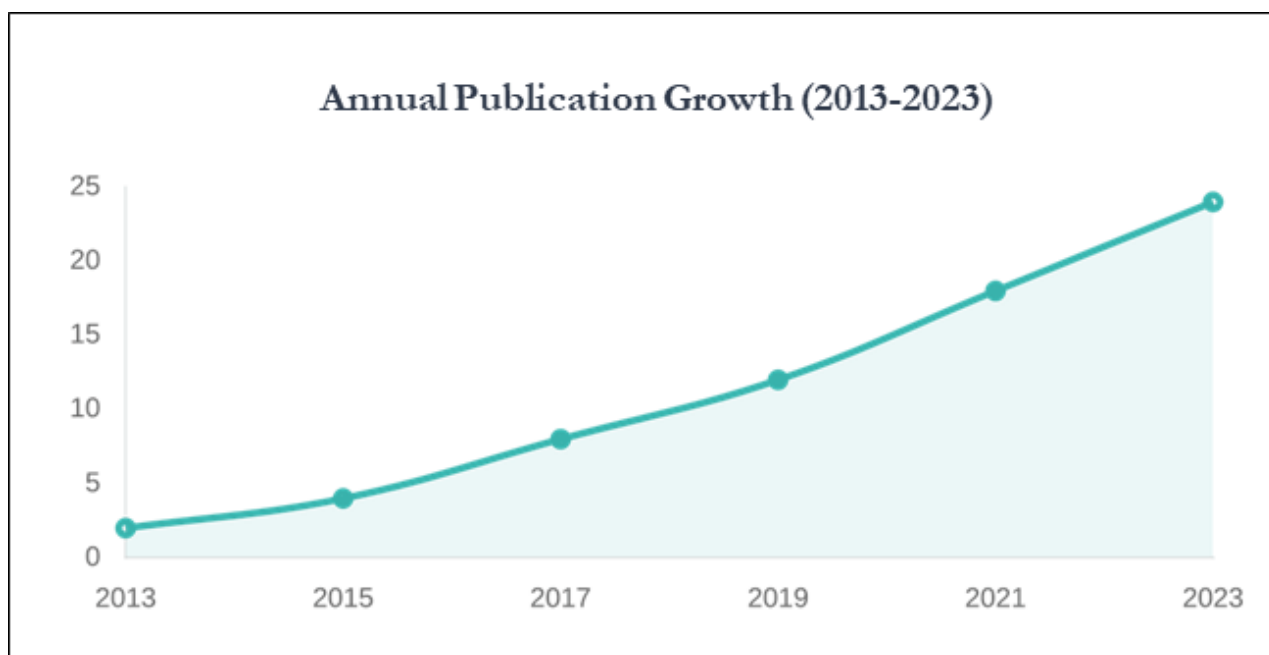


Figure 2

#### 4.4 Most Cited Articles and Thematic Contributions

An analysis of the top 10 most cited publications on e-learning and gamification reveals three predominant research themes that have significantly shaped the field: gamification-based learning platforms, the measurement of users' appreciation and satisfaction, and 3D virtual immersive learning environments. (Azin Yazdi, 2024) These highly influential works represent foundational contributions that have guided subsequent research and practical applications in gamified education.

Table 5: Top 10 Most Cited Articles on Gamification in Online Education

Rank	Article Title	Source	Total Citations (TC)	Citations Per Year (TC/Year)	Main Research Themes Identified
1	Domínguez, 2013: "Gamifying learning experiences: Practical implications and outcomes"	Computers and Education	1079	98.09	Gamification-based learning platforms, User appreciation and satisfaction
2	Dalgarno, 2010: "What are the learning affordances of 3-D virtual environments?"	British Journal of Educational Technology	1010	72.14	3D virtual immersive learning environments
3	Simões, 2013: "A social gamification framework for a K-6 learning platform"	Computers in Human Behavior	513	46.64	Gamification-based learning platforms

4	Ebner, 2007: "Successful implementation of user-centered game-based learning in higher education: An example from civil engineering"	Computers and Education	479	28.18	Gamification-based learning platforms
5	Fu, 2009: "EGameFlow: A scale to measure learners' enjoyment of e-learning games"	Computers and Education	441	29.40	Measurement of users' appreciation and satisfaction
6	Albarqouni, 2016: "AggNet: Deep Learning From Crowds for Mitosis Detection in Breast Cancer Histology Images"	IEEE Transactions on Medical Imaging	414	51.75	N/A (Out of scope for gamification themes)
7	Martín-Gutiérrez, 2017: "Virtual Technologies Trends in Education"	Eurasia Journal of Mathematics, Science and Technology Education	402	57.43	3D virtual immersive learning environments
8	De-Marcos, 2014: "An empirical study comparing gamification and social networking on e-learning"	Computers and Education	389	38.90	Gamification-based learning platforms, User appreciation and satisfaction
9	Vamvoudakis, 2012: "Multi-agent differential graphical games: Online adaptive learning solution for synchronization with optimality"	Automatica	360	30.00	N/A (Out of scope for gamification themes)
10	Subhash, 2018: "Gamified learning in higher education: A systematic review of the literature"	Computers in Human Behavior	339	56.50	Gamification-based learning platforms, User appreciation and satisfaction

#### 4.5 Key Research Clusters and Emerging Topics

Co-occurrence network analysis of keywords within the literature reveals six distinct research clusters, reflecting the majority of current research content on gamification in online education:

1. **Implementation of gamification in various learning contexts:** This cluster focuses on practical

applications, indicated by keywords such as "game-based learning," "mobile learning," "educational games," "digital game-based learning," "mathematics," and "serious games."

2. **Application of gamification in student education to promote e-learning:** This area covers broader educational impact, with keywords like "gamification," "E-learning," "engagement," "student," "COVID-19," and "motivation."
3. **Use of AI tools in online education:** This cluster highlights advanced technological integration, including "artificial intelligence," "deep learning," "machine learning," "online learning," "virtual reality," and "augmented reality," representing cutting-edge e-learning technologies.
4. **Educational technologies:** This focuses on the broader technological infrastructure, evidenced by keywords such as "technology," "educational technology," and "simulation."
5. **Strategies for creating playful learning environments:** This cluster delves into pedagogical approaches, including "learning environments," "interactive media in education," "games," and "teaching/learning strategies."
6. **Children's learning:** This specialized cluster addresses the application of gamification for younger audiences, with keywords such as "children," "learning," and "education."

The identification of a research cluster specifically focused on "AI tools in online education", alongside mentions of AI, virtual reality (VR), augmented reality (AR), and blockchain in discussions about future directions, points to a clear and significant trend. Gamification is not evolving in isolation; rather, it is increasingly intertwined with cutting-edge technological advancements. This suggests that the future of effective gamified financial education will likely involve intelligent, adaptive, and highly immersive experiences, moving beyond basic points and badges to leverage sophisticated technological capabilities for personalized and impactful learning.

## **5. Challenges and Limitations in Gamification Research**

Despite the promising advancements in gamification research, particularly within financial education, the field faces several methodological and practical challenges that warrant careful consideration.

### **5.1 Methodological Issues**

A significant limitation in current gamification research stems from its methodological approaches. Many studies are conducted over short durations, raising concerns that observed positive results might be attributable to a novelty effect rather than sustained engagement or long-term behavioral change. Researchers frequently recommend increasing the size of study groups and extending the duration of interventions to observe more significant and enduring changes. This points to a "sustainability challenge" in demonstrating the long-term effectiveness of gamification. Proving sustained impact on financial behavior and knowledge retention requires longitudinal studies that track users over extended periods, moving beyond initial engagement metrics to validate lasting behavioral shifts.

### **5.2 The Nuanced Relationship between Extrinsic Rewards and Intrinsic Motivation**

Gamification frequently incorporates external rewards such as points, badges, and virtual currency to motivate users. However, a fundamental challenge lies in the nuanced relationship between these extrinsic motivators and intrinsic motivation. Studies, particularly those rooted in Self-Determination Theory, have shown that tangible rewards can, under certain conditions, undermine intrinsic motivation for inherently interesting activities. (Dahlström, 2017) This creates a "reward paradox" in gamified learning: while rewards can initially draw users in, an over-reliance on them might inadvertently diminish a user's genuine interest in the financial learning itself. The effect of intangible rewards, such as positive feedback, is less clear and may even facilitate intrinsic motivation if perceived as informational rather than controlling. (Dahlström, 2017) This implies that gamification design must be highly sophisticated, moving beyond simple reward systems to integrate elements that genuinely foster intrinsic motivation by satisfying the basic psychological needs for competence, autonomy, and relatedness,

which are crucial for navigating this paradox and promoting deeper, more sustained engagement.

### **5.3 Application of Acquired Learning**

A significant practical limitation is that while users may successfully solve challenges and demonstrate knowledge within a gamified environment, they often struggle to apply the acquired learning and skills effectively in real-world financial contexts. (Judy Julieth Ramírez Ruiz, 2024) This gap between in-game performance and real-world behavioral transfer remains a critical area for further research and design improvement.

### **5.4 Practical Implementation Challenges**

Beyond theoretical and methodological issues, practical challenges impede the widespread and effective implementation of gamification in financial education. There is a recognized lack of adequate teacher training and continuous support from educational institutions to effectively integrate gamification strategies into the classroom. (Judy Julieth Ramírez Ruiz, 2024) Furthermore, gamified activities must be meticulously designed with a specific pedagogical purpose, ensuring alignment with curricular objectives and careful consideration of the appropriate level of complexity and educational needs of the target audience. Without proper integration and purposeful design, gamification risks becoming a superficial add-on rather than a truly transformative educational tool.

## **6. Future Research Directions and Implications**

The evolving landscape of gamification in financial education presents numerous avenues for future research, offering significant implications for the proposed study.

### **6.1 Deeper Application of Self-Determination Theory**

Future research should transcend superficial applications of Self-Determination Theory (SDT), delving into its more nuanced aspects. This includes exploring the continuum of motivation—how gamified interventions can facilitate a shift from extrinsic to intrinsic motivation—and investigating the mutually supportive nature of basic psychological needs (competence, autonomy, relatedness) within gamified contexts. Understanding the functional significance of events, or how individual users interpret gamified elements, is also crucial for designing more effective and personalized experiences. The proposed research, by explicitly drawing on the Self-System Model of Motivational Development (SSMMD) and its focus on competence, autonomy, and relatedness, is exceptionally well-positioned to contribute to this deeper understanding. Future empirical work stemming from the proposal could specifically investigate the intricate interplay between these needs and how different gamification elements contribute to their balanced satisfaction, thereby enriching the theoretical foundation of the field.

### **6.2 Long-Term Effects and Sustained Engagement**

There is a critical need for more longitudinal studies to assess the sustained impact of gamification on financial literacy and behavior, moving beyond short-term novelty effects that often characterize current research. Such studies would provide robust evidence of whether gamification can foster lasting behavioral changes. While the current proposal focuses on enhancing engagement, future research building on its findings should consider tracking user behavior and financial outcomes over extended periods. This would validate the long-term effectiveness of the proposed gamification strategies and their contribution to enduring financial well-being.

### **6.3 Personalized and Adaptive Gamification**

Research should increasingly focus on tailoring gamified experiences to individual user characteristics, preferences, and existing app expertise. The effectiveness of game elements can vary significantly across individuals, emphasizing the need for adaptive systems. The proposal's theoretical framework (SSMMD) inherently supports personalization by focusing on individual psychological needs. Future work could explore how to dynamically adapt gamification elements—such as challenge difficulty, reward types, or social features—based on a user's evolving competence, autonomy needs, and social preferences, creating truly individualized learning journeys.

#### **6.4 Leveraging Emerging Technologies**

The integration of artificial intelligence (AI) and machine learning for creating personalized and adaptive learning experiences, along with the use of virtual reality (VR) and augmented reality (AR) for immersive simulations, represents significant future directions for gamified financial education. These technologies can offer unprecedented levels of realism and interactivity. Furthermore, the burgeoning fields of blockchain and cryptocurrency present new opportunities for teaching about complex financial concepts and emerging technologies. While the current proposal focuses on core gamification elements, its findings could inform the design of future AI-powered or VR/AR-enhanced financial education apps, especially in creating more realistic and engaging simulations that bridge the gap between abstract knowledge and practical application.

#### **6.5 Development of Standardized Assessment Tools**

The field critically requires the development of standardized and validated instruments to accurately measure the impact of gamification on financial literacy, user engagement, and behavioral outcomes. Such tools would enhance the comparability and generalizability of research findings. The proposed study can contribute significantly to this need by rigorously defining and measuring user engagement and financial literacy outcomes, potentially informing the development of more robust and widely applicable assessment methods for future research.

#### **6.6 Bridging the Knowledge-Action Gap**

Future research should continue to explore how gamification can not only increase financial knowledge but also effectively translate that knowledge into real-world positive financial behaviors and informed decision-making. This involves understanding the mechanisms that facilitate the transfer of learning from the gamified environment to practical financial management. The proposal's Hypothesis 5 (H5), which links increased engagement to continued use intention, word-of-mouth promotion, and app ratings, directly addresses these crucial behavioral outcomes. This strengthens the proposal's contribution to understanding the practical, real-world impact of gamification beyond mere cognitive gains.

### **7. Conclusion**

This bibliometric analysis comprehensively underscores the significant and continually growing potential of gamification as a transformative strategy for enhancing user engagement and financial literacy within mobile applications. The academic field dedicated to this intersection is clearly maturing, evidenced by its rapid growth and a shift from foundational inquiries to more complex investigations concerning effective implementation and long-term impact. Theoretical frameworks such as Self-Determination Theory and Flow Theory provide robust foundations for understanding the intricate psychological mechanisms through which gamification operates, particularly by satisfying the basic psychological needs for competence, autonomy, and relatedness. Despite existing challenges related to methodological rigor, the sustainability of engagement over time, and the nuanced effects of extrinsic versus intrinsic rewards, the accumulated evidence strongly supports gamification's ability to significantly increase user motivation, improve knowledge retention, and foster positive financial behaviors. The increasing convergence of gamification with advanced technologies like artificial intelligence and virtual/augmented reality signals a future characterized by highly personalized, adaptive, and deeply immersive financial learning experiences. The proposed research, "The Role of Gamification in Enhancing User Engagement in Financial Education Apps," is exceptionally well-aligned with current research fronts and is poised to address critical gaps identified in the existing literature. By focusing on the Self-System Model of Motivational Development and investigating specific categories of gamification elements (achievement/progression, social-oriented, and immersive experiences), the proposal offers a theoretically grounded approach to understanding and optimizing user engagement. This analysis provides a comprehensive intellectual map, offering vital context, robust justification, and strategic directions for the proposed study, thereby contributing meaningfully to the advancement of knowledge in this crucial and evolving domain.

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